Title: ABRACE Interview

Place: UCN Hobrovej Library

Date: 03.01.2019

Participants: Andreea, Alison

Interviewer: Andreea

Interviewee: Alison

**Andreea:** Hello! And welcome, thank you for coming today! Let’s have a seat.

**Alison:** Yeah, okay, let’s go.

**Andreea:** So how are you?

**Alison:** Fine, good, everything’s good!

**Andreea:** Would you like to drink something, or ...?

**Alison:** Ohhh, no, thank you.

**Andreea:** Mhhm, ookay. So firstly I’d like to tell you that I have to record this interview, of course, if you agree with that, because I need it for a project so there is nothing, no personal information that will be published on social media or somewhere else.

**Alison:** Yes, yes.

**Andreea:** So I am conducting this interview with social, umm, school purpose.

**Alison:** Yes.

**Andreea:** Is it okay for you?

**Alison:** Oh, of course!

**Andreea:** Okay! Soo, what’s your name and how old are you?

**Alison:** My name is Alison, I am twenty three years old and I am currently doing my master here at Aalborg university.

**Andreea:** Ohh, great! Soo, you’re a student here, a master student here.

**Alison:** Yes, so actually a future to be, ummm, ... like, art designer (laughing).

**Andreea:** Oh, great!

**Alison:** Yes!

**Andreea:** And you like here?

**Alison:** Oh, a lot, a lot! It’s my favourite place.

**Andreea:** Why did you come here, to Denmark?

**Alison:** Actually I wanted to be free and ... fulfil some of my wishes but umm ... I found something that’s beyond my expectations here, so ...

**Andreea:** Oh, great! So first of all I’d like to ask you if you would consider buying a product that can help you reduce your stress?

**Alison:** I’ve never had this kind of problems, but if I had, hmm, I guess I would take that into consideration, but since everything is alright, I wouldn’t look for it.

**Andreea:** Oh, I see. Would you buy a product that is only in testing mode but it is said to be a successful and outstanding one?

**Alison:** Well..it depends, but I don’t think so. I am kind of skeptical when it comes to new things that I cannot be sure about, products that do not have reviews.

**Andreea:** Do you have any relatives/friends who have some medical issues?

**Alison:** Yes, I do. But I am usually trying to avoid this subject because it makes them feel uncomfortable.

**Andreea:** What would make you buy this chair?

**Alison:** Mm, maybe the design..It seems to be something unique.

**Andreea:** Would you recommend this chair if you would have problems and it would have been successful?

**Alison:** Definitely yes, I would share my experience with the others.

**Andreea:** What is the first thing that appears in your mind when you see this chair?

**Alison:** Well, it seems like being a normal chair with a unique design and that’s all. I’ve never seen this sort of chairs until now, honestly..It’s interesting, but it depends..

**Andreea:** Do you consider yourself a stressed person?

**Alison:** No, not at all. I am usually a very organized person and I don’t have problems with stress. Maybe only sometimes, rarely, when I have an important exam or I have to make a speech.

**Andreea:** How do you usually relieve the stress in that case?

**Alison:** Well, I am just taking deep breaths and long walks alone, listening to music and trying to avoid the stressful areas. I have never taken pills or things like this..

**Andreea:** I understand. Thank you very much for your time. You gave me quite a lot of useful information; and I also want to ensure you that all this data will not be published anywhere, I will only use it for school purpose. Thank you very much again and have a great day!

**Alison:** It was a pleasure to help, thank you! Have a nice day!